



Physical Contact Policy

At Little Cygnets, we believe in transparency and want parents to be fully informed about the nature and type of physical contact their child may experience while in our care. All contact is appropriate, respectful, and guided by the child's comfort.

Types of Physical Contact

- Nurturing
 - Hugs, non-intimate kisses (e.g., on the head or cheek), hand-holding, gentle tickling, and carry cuddling.
 - This type of contact is only given if the child feels comfortable or expresses a need for it.
- Safety & Guidance
 - Restraining a child from harmful situations.
 - Separating children involved in physical conflict.
 - Gently leading or guiding children when needed.
 - Administering first aid.
 - Preventing immediate danger or injury to any child or person.
 - Supporting behaviour when absolutely necessary.
- Hygiene
 - Washing hands and faces.
 - Assisting with toileting (according to age and ability).
 - Nappy changing.
 - Examining rashes or unusual marks.
 - Blowing noses and helping with clothing changes when needed.

Children's Expressions of Affection

We recognise that it is normal and healthy for children to express affection towards their peers. This may include hugs, non-intimate kisses, and hand-holding. However, this is always based on the child's consent, and no child is made to engage in physical contact against their wishes.

Relationship Support Approach

- Under no circumstances will a child be smacked, slapped, or humiliated by any staff member.



- We believe in gaining the respect and trust of each child through a caring and positive approach focusing on relationship building
- Behaviour is supported through clear boundaries that are shared with both children and parents/guardians to ensure consistency.

We are committed to providing a safe, nurturing, and respectful environment for all children.

If you have any questions or concerns, please feel free to speak with us.

Signed (Jess): Jess Burns

Signed (Scott) Scott Marshall

Review Date: March 26