



Personal Care and Toileting Policy

At **Little Cygnets**, we place **great importance** on **personal care**, ensuring that children's **dignity and well-being** are always our top priority. We strive to create a **safe and supportive environment**, where children feel comfortable, and adults guide them through each stage of personal care with **clear communication and reassurance**.

We also work closely with parents and guardians to support **toilet training programmes**, ensuring a **consistent approach** between home and nursery. If you have any questions or specific requests regarding your child's personal care, please feel free to discuss them with us.

We will need the parent/guardian of that child to provide us with the following:

- Nappies
- Any creams that your child may use
- Baby wipes
- Nappy bags

We have a changing mat within our settings that is disinfected between each use and the nappy bags are used for hygienic disposal of used nappies.

We will change your child regularly and immediately if they have soiled their nappy. Nappies are changed at least every 3 hours, nappy changes/accidents are recorded in each child's individual diary; this is denoted with whether the change was wet or soiled. Each nappy change or accident is also recorded on the setting's nappy changing chart detailing whether nappy or changing wet or soiled and the time of each change. Parents are informed via Famly.

We are happy to assist/support toilet training when you and your child are ready. All children are different but unique. Some children successfully potty train overnight, while others can take longer.

We will provide daily feedback on how we are progressing with the training.

In order to help your child become independent in going to the toilet we can provide the following equipment:



- Potties
- Toilet training seat
- Steps for the toilet and wash basin
- Books ("I want my potty")

Please let us know if you wish to discuss your child's potty training.

We ensure the dignity and privacy of each child is maintained and at all times.

Signed (Jessica Burns): Jessica Burns

Signed (Scott Marshall): Scott Marshall

Review Date: March 2026