



Hygiene Policy

It is very important to prevent the spread of germs and illnesses that hygiene procedures are in place and strictly adhered to.

Children are encouraged to wash their hands regularly and always after going to the toilet or potty. They must also wash or sanitise their hands after playing outside and before and after eating any meals or snacks.

We will assist the children in hand washing, ensuring that they are washing and drying them correctly.

We will assist children with wiping their noses when they have colds and try to teach them how to blow their noses. We will explain to them the importance of safely throwing away dirty tissues to prevent the spread of germs(Catch it, bin it, kill it). We will also encourage them to put their hand over their mouths when they cough and then encourage them to wash/ sanitise their hands. Our self help station is always stocked and available to children, independence is encouraged.

Any spills of blood, vomit or excrement will be wiped up with antibacterial wipes and will be disposed of appropriately. Disposable gloves will always be used when cleaning up spills of body fluids.

Floors and other infected areas will be disinfected using an antibacterial cleaner, according to the manufacturer's instructions. All surfaces will be wiped daily with an appropriate cleaning agent.

Disposable cleaning cloths will be used for kitchen and bathroom areas. Waste will be disposed of correctly in a bin, out of reach and after using it, we will wash our hands thoroughly.

Any food or drink that needs heating will be heated immediately prior to serving and will not be left standing. No food or drink will be reheated. Children will not be offered leftovers. Cracked or chipped cups, beakers and plates etc will not be used.

The toys and equipment in our setting are always in a suitable state of cleanliness.

We will follow strict hygiene routines in our kitchen following best practice. We currently have a level 5 Food Hygiene Rating.



Signed (Jessica Burns): *Jessica Burns*

Signed (Scott Marshall): *Scott Marshall*

Review Date: March 2026