



Dental Hygiene Policy

Nearly a quarter of 5 year olds in England have tooth decay, with 3 or 4 teeth affected on average. Tooth extraction is one of the most common procedures for children under 6 in hospital. Extraction is also the most common reason for hospital admission for children aged 6 to 10. Children from more deprived backgrounds are more likely to have tooth decay.

At Little Cygnets we fully understand the need to follow good oral hygiene practice and avoid eating foods and drinks with high sugar content.

We ensure that the children in our care are not given food containing high levels of sugar. We only provide water and milk to drink.

We promote good dental hygiene with the child through a dental resource box, knowledge (discussions with the child). We support parents/carers by providing leaflets on ideas for healthy snacks and packed lunch ideas and the importance of brushing teeth.

We take every opportunity to promote good oral hygiene routines within our setting, children's involvement in activities to promote good oral health is encouraged.

Should you need any help or support, please discuss this with us.

Signed (Jess): Jess Burns

Signed (Scott) Scott Marshall

Review Date: March 26